

GRAELLA ACTIVITATS DIRIGIDES

SETEMBRE 2023

HORARI	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE
8:30 A 9:20	TONO					
9:30 A 10:20	CROSSTRaining	ZUMBA	TONO	ZUMBA	GAC	
10:30 A 11:20		STRONG	CROSSTRaining	SEVILLANAS	TONO	
11:30 A 12:20						
12:30 A 13:20						
13:30 A 14:20						
14:30 A 15:20	GAC		GAC			
15:30 A 16:20	STRONG		STRONG			
16:30 A 17:20						
17:30 A 18:20						
18:30 A 19:20	CROSSTRaining	STEP	TONO	STEP	CROSSTRaining	
19:30 A 20:20		SEVILLANAS		SEVILLANAS	TONO	
20:30 A 21:20		ZUMBA		ZUMBA		
21:30 A 22:20					BACHATA/SALSA	